Chicken Supreme

Serves 10



Typical values per portion

Energy	1161kJ	/279kcal
Fat		17.1g
Of which saturates		9.4g
Carbohydrate		4.4g
Of which sugars		3.1g
Protein		27.0g
Fibre		0.8g
Salt		2.1g
Vitamin D		6.4µg
Calcium		620mg

Handy Tip:

This goes well with mashed potatoes or as a filling for a pie

Ingredients:

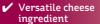
- 500g Chicken breast (cooked)
- 6 Rashers of lean bacon
- 4 Small onions (chopped)
- 10ml Oil
- 1 Chicken stock cube
- 200ml Water
- 100ml Double cream
- 500g The Laughing Cow® Nutrient Fortified
- 100g Frozen peas (cooked)

ALLERGENS: Milk, Gluten (unless gluten-free stock cube)

For Allergens, always check labelling of specific ingredients used

Method:

- **1.** Gently fry the onions in the oil in a pan
- **2.** Add the lean bacon and cook until soft
- Make up the chicken stock with the stock cube and water
- 4. Add The Laughing Cow® Nutrient Fortified and mix
- **5.** Mix in the cooked chicken
- **6.** Add the cooked peas
- **7.** Heat until piping hot and mix in the cream
- **8.** Serve with mashed potato or rice



- Rich in Protein
- ✓ Rich in Calcium
- Rich in Vitamin D



